



## Menu - Fall/Winter

### Bread

- An Assortment of Breads, Muffins, or Bagels

### Appitizers

- Soups
  - Tuscan Vegetable
  - Spinach Lemon Orzo
  - Kale and Bean
- Curried Tuna Salad
- Zesty Hummus Dip with Pita
- Curried Squash and Apple
- Gazpacho
- Creamy Potato and Leek

### Salad

- Salad Greens with Tomatoes and Seasonal Vegetables
- Corn and Black Bean Salad with Cilantro Vinaigrette
- Lemon Kale Salad

### Entrées

- Vegetarian Lasagna
- Seasonal Vegetable Quiche
- Fresh Grilled Salmon
- Nova Scotia Smoked Salmon

### Side Dishes

- Grilled Asparagus
- Wild Rice with Raisins and Honey-Roasted Walnuts
- Couscous or Quinoa with Fruit, Mixed Vegetables, and Olive Oil Vinaigrette

### Desserts - All baked goods are homemade

- Pecan Cheese Squares
- White and Dark Chocolate Éclairs
- Assorted Truffles
- Seasonal Fruit Platter
- Vanilla Cream Puffs
- Frosted Fresh Apple Cake
- Orange Lavender Pound Cake
- Chocolate Zucchini Cake

### Beverages

- Homemade Lemonade
- Tea
- Coffee - Regular and Decaf